



## January 2022 Family Resource Center 37 Main Street, Taunton, MA (P) 774-501-2633

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3.	4.	5.	6.	7.	8.
Family Book-Club 2022! 3:30pm – 5pm	Parenting Journey 5:30pm – 7:30pm	Play Time With Your New Holiday Toys! 3pm – 6pm	IEP Workshop – Helpful Hints To Advocate For Your Child 2pm – 4pm	Coffee, Tea & The FRC! 9am – 10:30am	10am – 1pm *by appointment only*
10.	11.	12.	13.	14.	15.
Computer Center & Housing Application Assistance 2pm – 5pm	Parenting Journey 5:30pm – 7:30pm	Grandparents Raising Grandchildren 11am – 12:30pm	Resume Writing & Cover Letter Preparation Workshop 3pm – 5pm	Martin Luther King, Jr. Story Time & Cookies 4:30pm – 6pm	Closed
17.	18.	19.	20.	21.	22.
Closed for Martin Luther King, Jr. Day	Parenting Journey 5:30pm – 7:30pm	Pop-Up Pantry Day *call by 1/18/21 to schedule a pick-up time*	The "My Time" Group 5:30pm – 7:30pm	Winter Paint Night 5:30pm – 7:30pm	10am – 1pm *by appointment only*
24.	25.	26. Grandparents Raising	27.	28.	29.
Housing Policy 2022 Updates Information Session 2:30pm – 4:00pm	Parenting Journey 5:30pm – 7:30pm	Grandchildren 11am – 12:30pm Just 4 U 3pm – 4pm	Job Interviewing 101 Workshop 1 pm – 3pm	Sensory Exploration Day 11am – 3pm	Closed
31. Computer Center & Housing Application Assistance 2pm – 5pm				*The FRC follows guidance from the Executive Office of Health & Human Services for health & safety protocols: All staff and visitors must wear masks inside the FRC.*	Please see key on the back for group/event information and how to register.

Hours of Operation: Monday through Friday: 9am-5pm, Saturday: appointment only (1st & 3<sup>rd</sup> Saturday) Proudly serving: North Attleboro, Attleboro, Norton, Mansfield, Taunton, Raynham, Dighton, Berkley, Rehoboth, Middleboro and Seekonk. \* The above listed communities make up our main service area. Please do not hesitate to reach out if your community is not listed"





## Find us on Facebook! - Taunton/Attleboro Family Resource Center

<u>Parenting Journey (In-Person)</u>: A 12 week parenting course that focuses on the emotional understanding of what is means to listening with empathy, and being curious. To participate, contact Anne <u>aferioli@oldcolonyymca.org</u>

The "My Time Group" (In-Person): A general support group based on topics you are interested in as a parent or caregiver. To participate, contact Anne <u>aferioli@oldcolonyymca.org</u>

**Pop-Up Food Pantry (In-Person):** Meal care packages will be available for pick-up monthly at the FRC. To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u> January: 1/19/22

Just 4 U Support Group (In-Person): Youth support group for grades 7-12 focused on providing a supportive environment to develop skills to help cope with the substance abuse of a loved one. The last Wednesday of every month. To participate, contact <u>coryscause@aol.com</u>

<u>Coffee, Tea, & the FRC! (In-Person)</u>: Join us for coffee and conversation. Meet new people and create new connections. To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u>

**<u>IEP Workshop- Helpful Hints for Child's IEP Meeting (In-Person)</u>: A workshop facilitated by our School Liaison focused on what to expect in an actual IEP meeting. To participate, contact Anne <u>aferioli@oldcolonyymca.org</u>** 

<u>Grandparents Raising Grandchildren (In-Person)</u>: A general support group for Grandparents to come together to learn about resources and make social connections. To participate, contact Moloko <u>mgugushe@oldcolonyymca.org</u>

<u>Sensory Exploration Day (In-Person)</u>: Infants to age 2: 9:30am-11am; Ages 3-5: 11:30-1pm Ages 6-10: 3pm-4:30pm. Learning through exploration and creativity. To participate, contact Jeff <u>jbibeau@oldcolonyymca.org</u>

<u>Winter Paint Night (In-Person)</u>: For ages 8-13. All supplies will be provided to paint a holiday masterpiece! To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u>

<u>Computer Center & Housing Application Assistance:</u> Meet with our Family Support Workers to discuss housing needs and for support with applying for housing & rent resources. To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u>

Family Book Club 2022: Join us on 1/3/22 for the first Family Book Club of the New Year! We will be reading books appropriate for all ages. Exploring books and reading simply for the fun of it! Connect over the like (or dislike!) of the book and participate in a discussion session after we read together. To participate, contact Erin ekelleygreen@oldcolonyymca.org.

<u>Play Time With Your New Holiday Toys:</u> Open for all ages! Bring your new toys and treats from the holiday season for open play! To participate, contact Jeff <u>ibibeau@oldcolonyymca.org</u>

<u>Resume Writing & Cover Letter Workshop:</u> Learn tips and tricks to stand out to employers on paper. To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u>

Job Interview Skills 101: You've submitted your resume and you received a call back – now it's time to prep for the big interview! For ages 16-21. To participate, contact Carmen <u>crodrigues@oldcolonyymca.org</u>

<u>Martin Luther King, Jr. Story-Time & Cookies</u>: Ages 5-13, but open to anyone interested. Come in and learn about Martin Luther King, Jr. and his legacy through story-time. Cookies will be provided. To participate, contact Jeff jbibeau@oldcolonyymca.org

Housing Policy 2022 Updates Information Session: Meet with our Family Support Workers to discuss how DCHD will be changing the eligibility requirements for ERAP/RAFT in 2022. To participate, contact Carmen <a href="mailto:crodrigues@oldcolonyymca.org">crodrigues@oldcolonyymca.org</a>